

**CWFHC & PROVINCIAL CALENDAR OF EVENTS 2016 – 2017**  
Sources : AWA – BCWA – MWA – NBWA - NFWA – NSWA– OWA – SWA – FHQ

SDC: competition subject to doping control	VAAP: valid competition for Athletes Assistance Program (AAP – PAA)
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DATE	DESCRIPTION	SDC	LOCATION	VAAP	ORGANIZER
<b>2016</b>					
January 2					
January 9					
January 16	Canadian Junior Championships	X	Regina, SK		SWA
January 23	New Brunswick WL Champ.	X	Moncton, NB		NBWA
January 30	Hokkaido Cup	X	Edmonton, AB		AWA
February 6	Winterlift	X	Toronto, ON		OWA
February 20	Titan Open	X	Regina, SK		SWA
February 20	AB Masters Championships	X	Edmonton, AB		AWA
February 20	ON Masters Championships	X	St-Thomas, ON		OWA
February 20	Championnat Juvénile du Québec (17 & under)		Pierrefonds, QC		FHQ
February 21	Hercules Challenge	X	Winnipeg, MB		MWA
February 27	A & R Memorial	X	Port-Alberni, BC		BCWA
March 5	Peak Power Cup	X	Calgary, AB		AWA
March 6	BC Masters Championships		West Vancouver, BC		BCWA
March 12	OWA Last Chance Qualifier	X	Oakville, ON		OWA
March 19					
March 26					
March 27	(Easter Holiday)				
April 1 – 2	Classique Haltérophile Québécoise	X	La Prairie, QC		FHQ
April 2 – 3	Ontario Championships	X	Scarborough, ON		OWA
April 2	Western Canadian Championships	X	Calgary, AB		AWA
April 2	Atlantic Cup	X	Halifax, NS		NSWA
April 2	Newfoundland Championships	X	Mount Pearl, NL		NWA
April 3	MWA Qualifier	X	Winnipeg, MB		MWA
END OF QUALIFICATION PERIOD FOR 2016 – CANADIAN SENIOR CHAMPIONSHIPS					
April 9	BC Juniors		Surrey, BC		BCWA
April 9	Ontario Scholastics Challenge		North Bay, ON		OWA
April 16	Alberta Cup	X	Edmonton, AB		AWA
April 16	Quebec High Schools Championships (18 & under)		Brossard, QC		FHQ
April 23	Prince Albert Open		Prince Albert, SK		SWA
April 30					
May 7	Young Louis-Cyr Tourn. (16 & -)		Lachute, QC		FHQ
May 14	Young Hercules		Toronto, ON		OWA
May 20	CWFHC Annual General Meeting		Richmond, BC		BCWA
May 21-22	Canadian Senior Championships	X	Richmond, BC	X	BCWA
June 4	Toronto Weightlifting Champ.		Toronto, ON		OWA
June 4 – 11	Pan-American Champ. & Continental Olympic Qualification	X	Cartagena, COL	X	PWL

DATE	DESCRIPTION	SDC	LOCATION	VAAP	ORGANIZER
June 11	OPF Open		Edmonton, AB		AWA
June 18					
June 25	Variety Village Open	X	Toronto, ON		OWA
June 25-26	Sea Festival Open	X	Surrey, BC		BCWA
June 25 – July 1	Junior World Championships	X	Tbilisi, GEO	X	IWF
July 2					
July 9	646 Weightlifting Grand Prix	X	Toronto, ON		OWA
July 16					
July 23					
July 30					
August 5 - 21	Olympic Games	X	Rio Janeiro, BRA	X	IWF
August 6					
August 12	2016 Ontario Summer Games		Mississauga, ON		OWA
August 13	Summerfest & Eastern trial for UNIV-2016	X	Toronto, ON		OWA
August 13-14	12 <sup>th</sup> Annual Ogoogo & Western trial for UNIV-2016	X	Lake Country, BC		BCWA
August 20	Blue Mountain Open	X	Collingwood, ON		OWA
August 27					
September 3					
September 10	Island Invitational Weight. Open	X	Nanaimo, BC		BCWA
September 17	The Bay of Quinte WL Open	X	Belleville, ON		OWA
September 24					
BEGINNING OF QUALIFICATION PERIOD FOR 2017 - CANADIAN SENIOR CHAMPIONSHIPS					
October 1	Ray Hamilton Open	X	North Bay, ON		OWA
October 1	Manitoba Open Championships	X	Lorette, MB		MWA
October 1	Gordon Kay Open	X	Calgary, AB		AWA
October 8	Turkey Qualifier	X	Oakville, ON		OWA
October 15	Synergy Open	X	Saskatoon, SK		SWA
October 22	Hybrid Open	X	London, ON		OWA
October 29					
November 5 – 6	Fall Classic	X	Mississauga, ON	X	OWA
November 5	Alberta Junior Championships		Calgary, AB		AWA
November 4-5	Quebec Senior Championships	X	La Prairie, QC	X	FHQ
November 12-13	Kilophile Open	X	Surrey, BC		BCWA
November 13-17	5 <sup>th</sup> FISU World University Champ.	X	Merida, MEX	X	IWF
November 19	Mustache Open	X	Saskatoon, SK		SWA
November 26	Manitoba SR & JR Provincials	X	Lorette, MB		MWA
November 26	Nova Scotia Championships	X	Dartmouth, NS		NSWA
December 3	Newfoundland Open	X	Mount Pearl, NL		NLWA
December 3	Hokkaido Cup (Reclass. Meet)	X	Edmonton, AB		AWA
December 3	Ontario Junior Championships	X	Oakville, ON		OWA
December 3	Quebec Junior Championships		Saint-Hyacinthe, QC		FHQ
December 10					
December 17	BC Championships	X	Surrey, BC	X	BCWA
December 17	Sask Open Provincials	X	Moose Jaw, SK		SWA
December 17	Bayside Holiday Open	X	Belleville, ON		OWA

DATE	DESCRIPTION	SDC	LOCATION	VAAP	ORGANIZER
December 24					
December 31					
<b>2017</b>					
January 7	Variety Village Open	X	Toronto, ON		OWA
January 21					
January 14	Canadian Junior Championships	X	Brossard, QC		FHQ
January 28	Alberta Senior Championships	X	Edmonton, AB		AWA
February 4	Titan Open	X	Regina, SK		SWA
February 4	Winterlift	X	Toronto, ON		OWA
February 11	Kanamalympics	X	Toronto, ON		OWA
February 11	New Brunswick WL Champ.	X	Saint-John, NB		NBWA
February 12	La Coupe du Voyageur Open	X	Winnipeg, MB		MWA
Feb. 18	Alberta Masters Championships		Calgary, AB		AWA
Feb. 18	A & R Memorial	X	Port-Alberni, BC		BCWA
February 25	ON Masters Open	X	St-Thomas, ON		OWA
March 1 – 4	Quebec Games		Alma, QC		FHQ
March 4	Peak Power Open		Calgary, AB		AWA
March 4	Last Chance Qualifier	X	Oakville, ON		OWA
March 11					
March 25	The Atlantic Cup	X	Truro, NS		NSWA
March 25	Classique Haltérophile Québécoise	X	Sherbrooke, QC		FHQ
March 25	Western Canadian Championships	X	Saskatoon, SK		SWA
March 25-26	Ontario Championships	X	Belleville, ON		OWA
END OF QUALIFICATION PERIOD FOR 2017 – CANADIAN SENIOR CHAMPIONSHIPS					
April 1					
April 2	Newfoundland Championships	X	St-John's, NL		NLWA
April 8	Quebec High Schools Championships (18 & under)		Brossard, QC		FHQ
April 15	Pure Athletics Open		Prince Albert, SK		SWA
April 15	Farmstrong Open (reclass. Meet)		Edmonton, AB		AWA
April 16	(Easter Holiday)				
April 22					
April 26	Alberta North High Schools	X	Edmonton, AB		AWA
April 29					
May 6	Young Louis-Cyr Tourn. (16 & -)		Lachute, QC		FHQ
May 13					
May 19	CWFHC Annual General Meeting		La Prairie, QC		FHQ
May 20 - 21	Canadian Senior Championships	X	La Prairie, QC		FHQ
May 27					
June 3					
June 10	Sabaria Summer Open	X	Oakville, ON		OWA
June 16 – 23	Junior World Championships		Tokyo, JPN		IWF
June 17	OPF Open		Edmonton, AB		AWA
June 24					
July 1					
July 8					

DATE	DESCRIPTION	SDC	LOCATION	VAAP	ORGA-NIZER
July 15					
July 22					
July 23-30	Pan-American Sr Championships	X	Miami, USA		USWF
July 29					
August 5					
August 12					
August 19	Summerfest & Eastern trial		Toronto, ON		OWA
August 19-20	13 <sup>th</sup> Annual Ogoogo & Western trial		Lake Country, BC		BCWA
August 20 – 25	FISU 29 <sup>th</sup> Summer Universiade	X	Taipei, TPE		IWF
August 26					
September 2					
September 9					
September 16					
September 23	Bay of Quinte Open		Belleville, ON		OWA
September 30					
BEGINNING OF QUALIFICATION PERIOD FOR 2018 – CANADIAN SENIOR CHAMPIONSHIPS					
October 7	Ray Hamilton Open		North Bay, ON		OWA
October 14					
October 17 – 25					
October 21					
October 28					
November 4 – 5	Fall Classic		Mississauga, ON		OWA
November 11					
November 18					
November 25	Junior Ontario Championship		Toronto, ON		OWA
Nov. 28 – Dec. 5	Senior World Championships		Anaheim, USA		IWF
December 2					
December 9					
December 16	Holyday Open		Belleville, ON		OWA
December 23					
December 30					

The Provincial Associations must comply with the requirements to confirm the validity of these events like sending the CWFHC form “REGISTRATION FOR ANTI-DOPING CONTROL” in proper delay (30 days prior to your event) and sending the results in a period of two (2) weeks after the competition.

The organizer / provincial association who will not respect these basic requirements may have its event declare non-valid.

All provinces hold an Annual General Meeting and a Senior Provincial Championships as required by CWFHC Constitution.

We also recommend having Junior Championships per season.

**MORE INFORMATION: WEB SITE**

International Weightlifting Federation (IWF): [www.iwf.net](http://www.iwf.net)

International Olympic Committee (IOC): [www.olympic.org](http://www.olympic.org)

International University Sports Federation (FISU): [www.fisu.net](http://www.fisu.net)  
Pan-American Wl Federation (PWF): <http://www.panamwf.org>  
Sport Canada: [www.pch.gc.ca/sportcanada](http://www.pch.gc.ca/sportcanada)  
Coaching Association of Canada: [www.coach.ca](http://www.coach.ca)  
Canadian Olympic Committee: [www.olympic.ca/](http://www.olympic.ca/)  
Commonwealth Games Canada: <http://www.commonwealthgames.ca/>

2017- [29<sup>th</sup> Summer Universiades](#) – August 20 - 25 - Taipei, TPE  
2018 – [Commonwealth Games](#) – April 4 - 15 - Gold Coast, AUS  
2019 - [Pan-American Games](#) – July 26 – August 11 - Lima, PER  
2020 – [Olympic Games](#) – July 24 – August 9 Tokyo, JPN

#### WEB SITE OF PROVINCIAL ASSOCIATIONS

Alberta Weightlifting Association: [www.albertaweightlifting.ca/](http://www.albertaweightlifting.ca/)



British Columbia Weightlifting Association: [www.bcweightlifting.ca/](http://www.bcweightlifting.ca/)



Manitoba Weightlifting Association: [www.mbweightlifting.net/](http://www.mbweightlifting.net/)



Newfoundland Weightlifting Association: <http://www.nlweightlifting.com/>



New Brunswick Weightlifting Association : <https://nbweightlifting.wordpress.com/>



Nova Scotia Weightlifting Association: <http://www.nsweightlifting.ca/>



Ontario Weightlifting Association: [www.onweightlifting.ca/](http://www.onweightlifting.ca/)



Saskatchewan Weightlifting Association: [www.saskweightlifting.com](http://www.saskweightlifting.com)



Federation d'halterophilie du Quebec: [www.fedhaltero.qc.ca](http://www.fedhaltero.qc.ca)

Canadian Weightlifting Federation - CWFHC

[www.canadianweightlifting.ca/](http://www.canadianweightlifting.ca/)

This calendar will be also available on this site – Calendar section